Investigation of the effect of copy number variants on the expression of genes and the IQ

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Introduction

The term "copy number variation" (CNV) refers to a genetic change on an intermediate scale, defined as segments longer than 1,000 base pairs but less than 5 megabases in length. CNVs comprise both duplicate sequences (duplications) and genetic material losses (deletions) (Figure 1). Along with inversions and translocations, CNVs are categorised as forms of genome structural variation because they change the structure of the genome (Redon et al., 2006).

CNVs play a role in a variety of neurodevelopmental and psychiatric diseases. Pathogenic CNVs are detected in 10% to 15% of individuals referred for neurodevelopmental problems

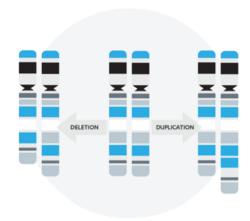


Figure 1

using whole genome chromosomal microarrays, which are now routinely used in medical diagnosis. Copy number variants may arise recurrently by nonhomologous recombination in unrelated individuals. Individually, a number of recurrent CNVs have been linked to intellectual impairments, autism spectrum disorders, and schizophrenia (Miller et al., 2010; Kearney et al., 2011).

Studies of CNVs on cognitive traits have been reported. For instance, a study in Iceland's general population discovered that 26 psychiatric CNVs impair IQ by 15 points or 1 SD on average (Stefansson et al., 2014). Using the UK Biobank's cognitive tests, 54 loci were shown to be related with worse results, ranging from 0.1 to 0.5 SD (Kendall et al., 2017). Furthermore, CNVs with deletion, based on their gene content and the total probability of loss of function intolerance (pLI), can have a general negative impact on the IQ (Huguet et al., 2018).

Although CNVs have been linked to complex features in humans in certain situations, the processes underlying those links have yet to be fully understood; consequently, a thorough examination of the effects on molecular phenotypes, including gene expression levels, is required. It is generally accepted that CNVs are likely to convey their effect, at least in part, by affecting gene expression. Previous research has shown that structural variants have a significant impact on expression, with big copy number variants (CNVs) alone accounting for 18% of variation in gene expression in cell lines (Stranger et al., 2007).

CNVs can affect gene expression through a variety of methods that go beyond simple gene dosage effects, such as gene regulatory region insertion and deletion, and changes in the physical proximity of genes and regulatory elements (Gamazon and Stranger, 2015).

RNA-sequencing enables precise genome-wide transcription measurement (Wang et al., 2009), allowing for a direct assessment of functional alterations caused by genetic variations.

Goal of research

Based on the previous publication (Huguet et al., 2018), the goal of Dr. Jocelyn Bédard's project was to assess how CNVs affect the expression of genes and to test whether this information could be integrated into Huguet et al's model to help predict the effect on IQ.

Method

CARTaGENE cohort

CARTaGENE (CaG) is a population-based biobank as well as Quebec's largest ongoing prospective health research of men and women. CaG focused on the 40 – 69-year-old age group, which is the most at risk of developing chronic diseases, throughout several Quebec urban areas (Montréal, Québec and Saguenay). The CaG study is one of the few population-based cohorts in the world that stores blood not only for DNA and protein-based science but also for gene expression analyses, allowing multiple systems genomics approaches to identify genetic and environmental factors associated with disease-related quantitative traits (Awadalla et al., 2013; Huguet et al., 2018; Fave et al., 2018).

Data collection

For this study, approximately 3000 participants have been genotyped and a further subset of ~1000 analysed by RNA-Seq. A large set have completed cognitive tests that can likely be used to assess their cognitive function (and predict their IQ) (Figure 2).

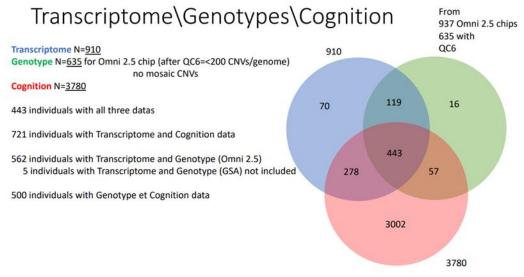


Figure 2

g-factor Generating using Principal Component Analysis (PCA)

Three cognitive tests were used to generate one variable that could predict IQ: Memory test, Reasoning test and Reaction time test. PC1 (Dim1) was used as g-factor. Value representative of IQ (cognitive function) (Figure 3).

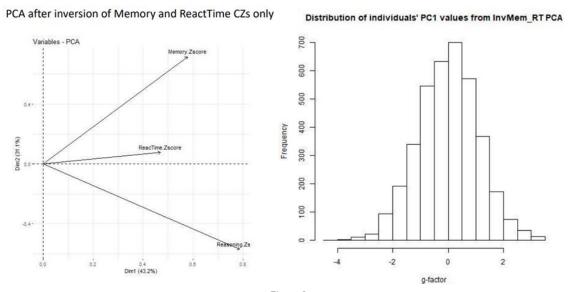


Figure 3

RNA-seq

Flow chart of RNA-seq data selection and processing is shown below (Figure 4).

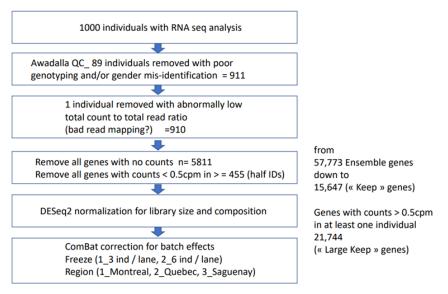


Figure 4

Library normalisation and covariate (both biological and technical) adjustments were performed using linear regression modelling to account for differences between samples, experimental batch effects, and

Correction model:

 $counts_Im=Im(tCaG_ComBat_CaG_Blood_RNASeq_noNA_IDs[,i] $$$ Neutros+Eiosinos+Basos+Lymphos+Monos+Age+gender)$

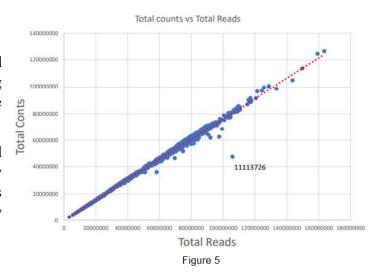
unwanted RNA-seq-specific technical variations. After correction, count values was converted to Z-scores.

Results

Gene expression: RNA-seq analysis

Total counts to Total Reads ratio
Figure 5 shows the comparison of total counts (aligned reads) to total reads making up all libraries (obtained for each sample (individual)).

Generally ~75% of reads were aligned successfully to a unique gene. Low count/read outlier sample #11113726 was removed from matrix, resulting a new CaG_matrix (n=910 individuals)



DESeq2 Normalization

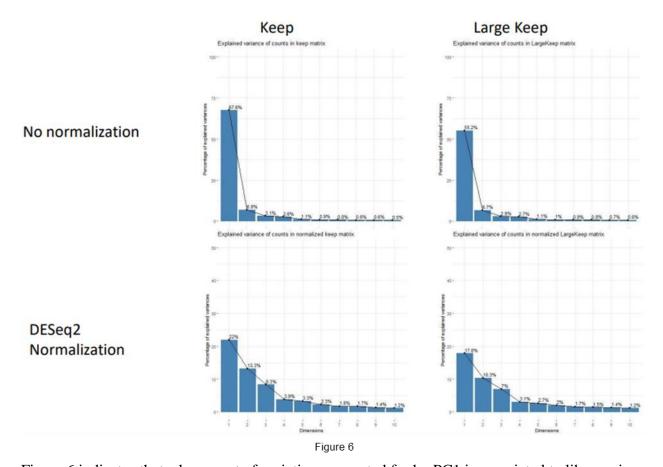
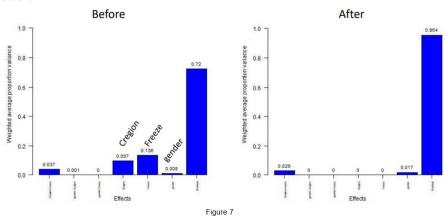


Figure 6 indicates that a large part of variation accounted for by PC1 is associated to library size.

Combat correction



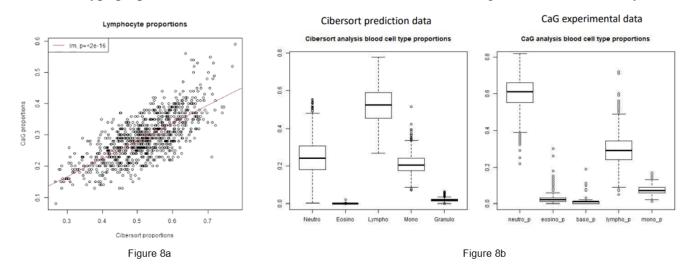
Factors Freeze and region had large effect on the Keep expression matrix before ComBat correction and these effects were significantly reduced after. ComBat library is used for batch effects (Figure 7).

Blood cell types in samples

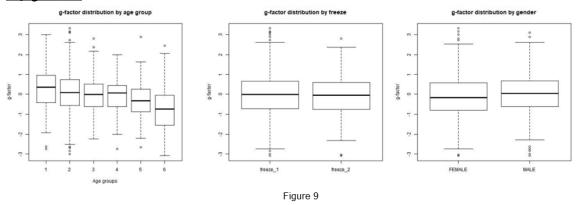
Two methods were used for assessing blood cell types in this study. CIBERSORT is an analytical tool to provide an estimation of the abundances of member cell types in a mixed cell population, using gene expression data. Quantification was carried out with Cibersort with expression counts of 524/547 genes in LM22 signature matrix. Hematometry was also carried out in most of the individuals in CaG cohort.

Figure 8a shows one example of the comparison of blood cell type proportions from Cibersort and CaG. There was a significant correlation in lymphocyte measured with abovementioned two methods. Albeit this linear relationship, proportions of different cell types predicted from both datasets were significantly different (Figure 8b).

Blood cell type proportion from CaG data was further used for the linear regression for its accuracy.



IQ: g-factor



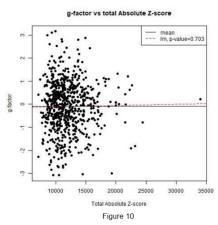
The g-factor variations cross-different variables (age, freeze and gender) are shown in Figure 9. With age between individuals from 40 to 70 year-old, cognitive function seems to decrease in older age group. There is no significant difference in term of freeze and gender.

g-factor and Total Absolute expression Z-score (TAZ)

Z-score of 0 means average expression level, Z-score above 0 (+) = overexpression, Z-score below 0 (-) = underexpression

Total absolute Z-score represents overall level of deregulation.

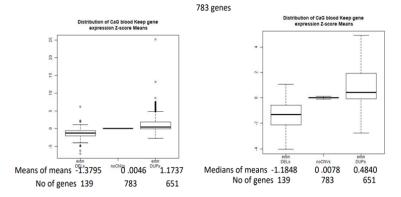
No significant relationship between g-factor and absolute expression Z-score by linear regression analysis (p=0.703) (Figure 10).



CNVs and gene expression

Comparison of Mean ExpZ-scores for genes within Exon CNVs vs not in CNVs

For each gene, the mean of expression value was calculated. Figure 11 shows significant down regulation of gene expression in DEL CNVs in exon comparing to gene expression without CNVs, and significant up-regulation of gene expression in DUP CNVs with or without taking into account of outliers.



Analysis of CaG expression Zscore means:

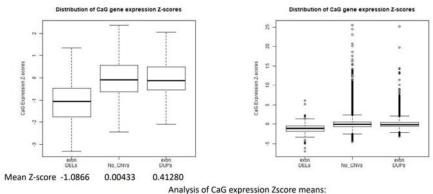
Kruskal-Wallis (non-parametric test for difference between means) p-value = 3.256469e-76

Pairwise Wilcoxon tests: DEL ~ NoCNVs p= 1.553495e-48 DUP~NoCNVs p= 5.171651e-31 DEL~DUP p= 1.188058e-48

Figure 11

Comparison of individual CaG ExpZ-scores for genes within Exon CNVs vs not in CNVs

Similar results were found in each individual gene.



Kruskal-Wallis (non-parametric test for difference between means) p-value <2.2e-16
Pairwise Wilcoxon tests: DEL ~ NoCNVs p <2.2e-16 DUP~NoCNVs p 0.01 DEL~DUP p <2.2e-16

Figure 12

Relationship between mean ExpZscores of genes and their frequency in CNVs

In DEL CNVs, higher frequency of CNVs was marginally associated with higher gene expression; in contrast, in DUP CNVs, higher frequency of CNVs was significantly associated with lower gene expression (Figure 13).

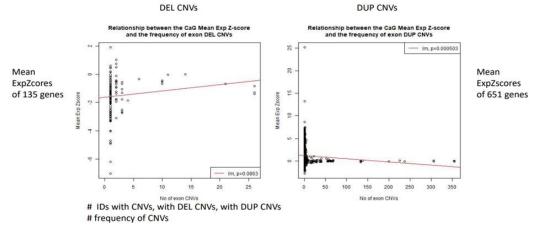


Figure 13

Relationship between Mean CaG exp Zscore and CNV score

The importance of CNVs is presented by CNVs score which are derived from pLI and gene content. Figure 14 shows that more important DEL CNVs had a higher gene expression. However, no significant relation was found in DUP CNVs and gene expression.

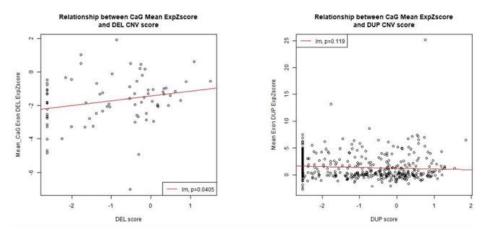


Figure 14

Relationship between Mean CaG exp Zscore and pLI

The higher pLI of individual was associated with a higher gene expression in DEL CNVs. However, no significant relation was found in DUP CNVs and pLI (Figure 15).

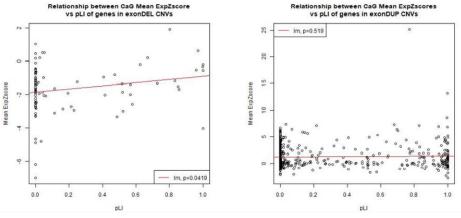


Figure 15

Conclusion

This study has investigated the how CNVs (deletion and duplication) affected gene expression measured by RNA-sequencing, and the association between gene expression and IQ in CaG cohort. There appears to be no clear corrlation between gene expression and IQ. The frequency and importance (CNV score / pLI) of DEL CNVs appear to be correlated with their effect on the expression of genes contained within them. The expression of genes contained in important DEL and DUP CNVs appear to be up-regulated and down-regulated, respectively. This suggests that a form of compensation occurs to prevent significant impacts of the CNVs gene-expression. Further analyses with more data is required to reach strong conclusions.

Prospective

Despite the importance of CNVs in brain illnesses and the tissue-specific nature of transcriptional control, the difficulty in obtaining brain samples has hampered efforts to understand the functional consequences of CNVs in the brain. Hence, it may be important in future studies to perform detailed analyses of gene expression profiling in peripheral blood lymphocytes, which could be further used to predict the gene expression profile in brain regions.

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